My Money Safety Checklist

Keep this by your phone or fridge

Use this checklist to think about your money safety. If you tick any box, please tell someone you trust or call a helpline.

- [ ] **Does anyone take your cash or use your bank card without asking?**
- [ ] **Does anyone make you pay for their things with your money?**
- [ ] **Are your things or cash going missing from your home?**
- [ ] **Does anyone force or rush you to sign legal or bank papers?**
- [ ] **Is someone borrowing your money and refusing to pay it back?**
- [ ] **Does someone demand money from you before they will help or care for you?**
- [ ] **Does someone stop you from seeing your own bank statements?**
- [ ] **Do you feel scared, stressed, or worried about your money?**

If you ticked a box, help is right here:

- Call the **National Elder Abuse Line** on **1800 353 374**.
- Talk directly to **Central West Credit Union** on **02 6862 2788**
- Talk to a trusted doctor, support worker, neighbor, or family member.

CENTRAL WEST Credit Union
Your local banking partner

AFSL: 245415
ABN: 67 087 649 885
Australian Credit Licence: 245415